

Nutrition Screening Instrument Conversion (NAMIS to PeerPlace)

The NAMIS software included a Nutrition Risk Score with eleven questions. These were based upon the DETERMINE nutrition checklist at the time NAMIS was built. The PeerPlace online DETERMINE tool includes only ten questions, and three (3) with differences that can affect the calculation between NAMIS and PeerPlace NSI (Nutritional Screening Instrument).

NAMIS answers of No/Yes for some questions will be Yes/No in PeerPlace. Staff entering scores are encouraged to read and carefully compare the questions to maintain accuracy.

The NSI in PeerPlace provides the current DETERMINE tool questions. When updating nutrition screening scores into PeerPlace, follow the conversion matrix below for converting answers and scores from NAMIS entries. Questions to watch are highlighted.

NAMIS NSI	PeerPlace NSI	Differences	Conversion
<u>Question #1</u> #1: Client changed eating due to illness.	<u>Question #1</u> #1: I have an illness or condition that made me change the kind and/or amount of food I eat.	None	None
<u>Questions #2</u> #2: Client eats fewer than 2 meals.	<u>Question #2</u> #2: I eat fewer than 2 meals per day	None	None
<u>Question #3 and #4</u> #3: Client eats at least 1 serving of fruits and vegetables per day. #4: Client eats a least 1 serving of dairy per day.	<u>Question #3</u> #3: I eat few fruits, vegetables or milk products.	NAMIS divides fruits/veg and milk into two different questions. PeerPlace combines all three food groups into one question.	If NAMIS had an answer of “no” in either #3 or #4, it is a “yes” to #3 in PeerPlace and 2 points are scored. * NO in NAMIS #3 or #4 means YES in PeerPlace #3.
<u>Question #5</u> #5: Client drinks more than 2 alcoholic beverages per day.	<u>Question #4</u> #4: I have 3 or more drinks of beer, liquor or wine almost every day.	More than two beverages is at least three, which matches PeerPlace.	None
<u>Question #6</u> #6: Client has problems with teeth or mouth.	<u>Question #5</u> #5: I have tooth or mouth problems that make it hard for me to eat.	None	None
<u>Question #7</u> #7: Client <u>has</u> enough money to buy food.	<u>Question #6</u> #6: I <u>don't</u> always have enough money to buy food I need.	NAMIS implies that the client always has enough money to buy food. PeerPlace implies that the client does <u>not</u> always have enough money to buy food.	If the client answered “no” in NAMIS, this means “yes” to <u>not</u> always having enough money to buy food. * NO in NAMIS #7 means YES in PeerPlace #6.

NAMIS NSI	PeerPlace NSI	Differences	Conversion
<u>Question #8</u> #8: Client eats alone most of the time.	<u>Question #7</u> #7: I eat alone most of the time.	None	None
<u>Question #9</u> #9: Client takes 3 or more prescriptions daily.	<u>Question #8</u> #8: I take 3 or more different prescribed or over the counter drugs a day.	Be aware of these upon screening individual clients.	None
<u>Question #10</u> #10: Client has gained/lost 10 lbs. in the last 6 months.	<u>Question #9</u> #9: Without wanting to, I have lost or gained 10 pounds in the last 6 months.	None	None
<u>Question #11</u> #11: Client <u>is</u> able to physically shop, cook and feed oneself.	<u>Question #10</u> #10: I am <u>not</u> always physically able to shop, cook and/or feed myself.	NAMIS implies that the client <u>is</u> always able. PeerPlace implies that the client <u>is not</u> always able.	If the client answered “ no ” in NAMIS, it means “ yes ” in PeerPlace to the question of not being able. * NO in NAMIS #11 means YES in PeerPlace #10.